



Workshops Offered

Maryann "Mar." Harman
Music with Mar., LLC

This list contains suggestions for Keynotes or breakout sessions for particular age groups / content area. This speaker is flexible and can adapt any topic to fit the needs of the conference. She can also do half day or full day workshops. Although there is a list of keynote suggestions, any workshop can be done as a keynote if that is what you need.

Keynotes *Can be used as breakout sessions* **Building Brains with Music**

Repeatedly, research has shown that music is the only activity that utilizes the entire brain. Combining that with knowing that the early years are the ones where we make the most difference, this workshop demonstrates through movement and activity how to use music to build brains to create children that are competent, capable and confident.

Teaching Diversity, Equity & Inclusion in Early Childhood for a Better Tomorrow

Early childhood education plays a critical role in helping young children to grow up to be inclusive and accepting of others. Diversity, equity and inclusion (DEI) seem to be "buzz" words these days; but, what do they all mean?

This workshop takes a close look at the role of leaders and teachers have in creating programs, policies and approaches that reflect DEI values. You will learn simple practical tips to create environments where everyone is welcome through songs and activities that reflect diversity while teaching children how to be inclusive. Learn how to help our children grow up with pride, self-esteem and confidence as well as respect for all.

Keeping Your Spirit Healthy with Music

When times get tough, reach for a song. One of music's greatest gifts is touching the human spirit and helping us to connect to where we are emotionally as well as helping us to change our feelings to where we want to be. Enjoy these songs that help us accomplish that for ourselves and for those we work with, no matter what their age.

The Brain Loves a Song

Come get energized about what you do while becoming engaged with stimulating lecture and activities. Mar. will share brain research findings and give you ways to use them that will help in all areas of development while having fun. Make learning enjoyable for you and the children!

Whether you're happy or sad, grateful or mad, music will help your brain deal with the feeling. Enjoy learning songs with Mar. that can direct your brain to where you'd like to mentally be. These songs can help children learn while affecting the brain in all ways, emotionally, physically and cognitively. And, it does the same thing for the adult!

Creating Capable, Confident, Competent Children; Ready for School, Ready for Life

Too often children already have a list of things they think they are not good at. Teachers are so stressed about cognitive abilities, they neglect to get the TOTAL child ready for school / life in general, to include not only exposure to multi-languages, math or science skills, but social skills as well. Music is the best and easiest way to do that. Through the use of well-thought out music and movement activities (including child-directed activities, listening games and use of various languages), children will have a list of things they feel capable of doing.

Find the Gift in Every Child What a wonderful task! Helping children discover what it is they excel at. What gift they have to share that will be enjoyed by them and everyone in their lives. You are a special person when you can help a child find their gift. What a wonderful job description!

What We Give Them Today, They Will Keep Forever OR Today's Children; Tomorrow's Future

There is an awesome responsibility we assume when we become early childhood professionals. What we provide in childhood are tools children will use in adulthood. Learn how to teach skills such as a healthy attitude, strong value system, communication abilities, acceptance of self and others, ability to laugh and other basic skills needed in life. Who we are going to be, our value system, our morality, is all placed by the age of 6 or 7. Children will remember what we teach them, intentionally and unintentionally. Be mindful of what you do with children. If we give them the belief in their abilities, they will be able. If we remember to give children our hearts, they will use their hearts. If we give them love, they will love. Our tomorrow's will be brighter if we treat our children well today. Make the time you spend with them be valuable, enhancing them cognitively, physically and emotionally because they will keep it forever.

Infant / Toddler

Tappin' Those Tiny Toes (Start the Music – alternate title)

Toddlers enjoy music, too; but they have special needs. Many times materials are too old for them. That Baby Bounce when listening to music is delightful. Come learn songs Mar. has written just for this age group, many for Kaplan and Dr. Becky Bailey. The workshop will present developmentally appropriate activities and materials for toddlers, as well as educate participants on their value in development.

Bouncing Babies to the Beat

There is much more behind a baby naturally bouncing their bodies. Come learn why when a baby bounces there is a connection to balance, language and math. It all begins there with finding and keeping a steady beat.

Adaptable for any age

Keeping the "A" in STEAM (The Musical Connection)

Although many suggest the "A" is always a part of STEM, it isn't. Unless teachers see the "A", its importance is diminished and usually left out. Come learn why music is an important, and necessary, part of STEAM.

Music Makes Me Wanna Move

The connection between movement, music and learning has been proven over and over again. Learn ways to get your children moving and learning with activities that incorporate the most recent research in a fun, practical way.

Mindful Music (Self-regulation Through Music)

In order to develop into well functioning adults, children must learn how to self regulate. How are you supposed to learn if you cannot self regulate? When too much focus is put on getting cognitive skills in too early, our little ones cannot learn and much of the knowledge we are putting out is not absorbed properly. It is through the ability to control our bodies that we learn to sit and listen as well as when to move and how to do so appropriately with awareness of those around us. Using a combination of music, movement, yoga and breathing techniques, this workshop shows ways to help children learn to control their bodies whether it be to energize, focus or calm.

Nurturing the Body, Heart and Mind Through Music

With children, much emphasis is placed on cognitive skills. Yet we are all comprised of a body, heart and mind, each needing to be developed and nurtured. In the workshop will learn ways to help children make good life style choices (body) and love themselves so they can love others (heart). When those components are in place, educating the mind comes much easier.

Music, Movement & Manipulatives

Engage the children and the brain with music and manipulatives that are fun for learning. Enjoy songs with Mar. that will get you moving while preparing the children for school. This presenter's goal is to have those attending become more comfortable with using manipulatives and knowledgeable as to why they are important. As we draw more senses to the learning experience, children retain more. Participants will be shown how to enhance learning by combining music and movement with puppets for visual, aural and tactile stimulation. The importance of using props with music and movement will be discussed and validated. How to physically involve children in playful storytelling will be a focal point and demonstrated. How the brain works during these activities will also be examined and demonstrated.

Awakening Scientists with a Book and a Song!

Get your students 'charged' up about science by integrating a book and a song into an activity. Sing about sounds after reading and going on a "Listening Walk". Read about tools before singing a tool guessing game. Your students will go home excited to tell what they did in science class.

Songs for the Classroom *Also offered for Grades K - 5*

Learning is easier when it is done with music. When students swing dance to magnets or slide to parts of speech, their whole body is involved in the learning experience. This movement and lecture workshop will go by quickly as participants experience the power of music..

Stories I Like to Sing OR I Can Sing That Story!

What better way to get children wanting to read than to tell a good story? The Wide-mouthed Bullfrog, Cows in the Kitchen and other stories have been set to music by Mar. to reinforce reading skills. The brain-based activities, props and songs that have been developed for these stories will be demonstrated in multiple ways to deliver entertaining meaningful messages to our young students, while enhancing comprehension and retention skills.

Mixing It Up with Music – Using Music for Mixed Aged Groups

Working with children of mixed ages? Music is a useful tool to get them all engaged. Learn songs that are stimulating enough for the older children yet appropriate for the younger ones. Both ages can work together dancing, singing and moving. Younger children get the benefit of learning from the older ones; and, older children learn to be aware of the younger children and how to do things along with them. Brains are simultaneously being stimulated and enriched at each age's level.

Putting Literacy Skills in Place with Brain Research-based Music

By combining music with books / activities, learn how the brain research findings support the use of music to put literacy skills in place. Use this research through music and get children competent in all areas of literacy.

Celebrate Science With a Song

Enjoy the songs Mar. wrote for a Science curriculum that will help make children successful in science and awaken little scientists by captivating their curiosity and inviting participation. Participants will alternate between moving and listening to Mar. speak about using music to get brains ready for harder concepts.

Implementing Brain Research Findings Through Music and Movement

Many teachers / trainers have attended various workshops where they are told about brain research. This is the "How to" for brain research and learning skills and involves participants in activities that get the brain involved in learning through the use of music in ways that are FUNctional. Through lecture and movement, this presenter will explain the research that targets learning skills. Movement and music activities are demonstrated which will give teacher / trainer the tools to implement this brain research in all teaching / training environments as well as all ages groups or grade levels on a daily basis. Principles demonstrated in this workshop can be applied to why music is important, how to use it and where the resources are. Activities and songs will help children get prepared for learning skills in an enjoyable way for teacher and student alike.

Putting Skills in Place with Brain-based Music Activities

Get energized about what you do while becoming engaged with stimulating lecture and music / movement activities. Maryann "Mar." Harman shares brain research findings, giving ways to use them and meet standards while having fun. Music uses the whole brain; it's the perfect tool to get children ready for school by enhancing their learning abilities. Make learning enjoyable for you and children! This workshop is helpful to teachers and parents as well.

From a Different Perspective (Alternative title : "Singing in a Different Key") (adaptable for all ages)

For those children who may not have the same physical abilities, speak languages other than English or be mentally challenged, your lessons come from a different perspective. Our classrooms are filled with children with many different abilities and disabilities. Enjoy your well-spent time with Mar. as she explores these challenges and offers interesting incite and suggestions.

And, That's Why Music's Important!

Named after Mar.'s book, everyone will be shown the "And, That's Why Music's Important!" classroom dynamic. The book includes 4 CDs and is the guide to an early childhood curriculum useful through fifth grade. The songs/ activities are put together to be on point from one perspective in the early years and sophisticated enough to lead into math, science and family discussions in the grade school years. Participants will be taught the VALUE of music and how to make it a tool to be used every day in education.

Using Music, Books & Puppets to Enhance Learning Skills / Fingerpuppet Fun for Infants to VPK

As we draw more senses to the learning experience, children retain more. Participants will be shown how to enhance learning by combining music and movement with puppets for visual, aural and tactile stimulation. The importance of using props with music and movement will be discussed and validated. How to physically involve children in playful storytelling will be a focal point and demonstrated. How the brain works during these activities will also be examined and demonstrated.

Everybody Speaks Music

Children come from many diverse backgrounds. Music is a fun way to bring everyone's culture into our classrooms while also getting everyone comfortable with our similarities and differences. Sing songs to teach colors, numbers, concepts, games, and holidays in over 20 languages. Meets NAEYC guideline of recognizing various languages spoken by our children. Learn songs that reflect diversity while teaching children how to be inclusive. When we make this a part of everyday life in the early years, our children will grow up with these ideals as part of who they are.

Using Music to Enhance Learning Skills

Many teachers have attended various workshops where they are told about brain research. This is the "How to" for brain research and learning skills. This workshop specifically points out the research that targets learning skills. Movement and music activities are demonstrated which will give teachers the tools to implement this brain research on a daily basis.

Enhancing Minds with Music

Learn about the magic music has and how it can be used to enhance learning in all areas of development. Through songs, movement and the use of books, puppets and manipulatives, come participate in activities you can easily do with your children that will stimulate their brains and enhance their minds.

PreK / K Workshops – K/1

Play with Me: I'll Learn with You

“Children’s work is play” is a well known quote yet often ignored. Come understand the importance of play through activities and supportive research. When we make it enjoyable, it is a more pleasant atmosphere in which to learn.

Singing and Signing (PreK – K)

Learn how to sign 26 different animals through music that also teaches what letter the animal starts with, the sound it makes and how it moves. Children learn best when they are actively involved. What a fun way to learn how to sign and sing about animals.

Putting Math Skills in Place (Pre K / K)

For younger children, math concepts are best taught through bodily connection interaction of manipulatives such as fingerpuppets or movement activities. Get involved with fun movement and songs that will engage your class and get them ready to learn math.

The Music, Books & Puppets’ Connection to Skills (PreK / K)

Activities that engage children will allow them to engage themselves and connect to what is being taught. Learn how to keep music, books and puppets in your daily plans while you are still meeting your standards and requirements.

The Sounds to a Sound Body (Pre K)

Skills are better learned with a total physical response. When 85% are kinesthetic learners, it’s necessary to be moving and totally involved. Children need to have sound bodies to be able to learn. Activities that include music and movement will help get children enter school from a healthier point.

Who Says It Can’t Be Fun? (PreK / K)

If we want to create lifelong learners, we need to create a desire to learn. Send your children onto the next teacher feeling ready, not unsteady. These child-directed activities will teach your students to be their own teachers for the rest of their lives.

An unFROGettable Workshop (PreK/K)

Using the well-loved songs from Mar.’s frog repertoire, you will enjoy learning science, language, math and other skills. Being in this workshop will not only teach you great ideas for use with your children, it will make you HOPPY!

Simply Science or Science is FUNdamental (Pre K – 1)

Science doesn’t need to be rocket science! When we keep the concepts simple in the earlier years, they will be much easier to grasp in the upper grades. Introduce children to science concepts that will leave them wanting to learn more.

Learn it With a Song! (K – 1)

“Here’s the story of a man named _____.” Who doesn’t remember the name that completes that line? The power of music for memorization cannot be denied. Attend a workshop that will show you songs to remember many important facts – spelling words, the Pledge of Allegiance, number concepts and various other lessons. Accountability? Definitely!

For PreK – last sentence changes : words, the Pledge of Allegiance, number concepts and various other lessons. If you teach it to them with a song, they will remember it when they get to Kindergarten.

Kinesthetically Speaking (K/1)

Language skills are better learned with a total physical response. When 85% are kinesthetic learners, it’s necessary to be moving and totally involved. Activities, like the rhyming square dance and verb game, will get your students learning language arts.

School-aged Workshops

Making Math Memorable (Grades 1 – 3) Learn ways to make math lessons memorable by using TPR (Total Physical Response). Brain research findings prove we all learn better when the total body is involved. Fact Families, foundation for multiplication and various math skills will be learned with the movement, manipulatives and music. Mar. will involve you with in this workshop.

Manipulatives, Movement and Music (Grades K – 3) Explore ways to involve the total child in your lessons. Manipulatives to handle it; movement to feel it and music to hear it. The use of multi modalities insures all type learners will enjoy the learning experience.

Making Science and Social Studies Memorable (Grades K – 2) Capture your students' interest and desire to know more by using the ideas you will enjoy learning in this workshop. When we get an emotional attachment to something, we remember it. Letting children see your pleasure in teaching it will generate their pleasure in learning it and make it memorable!

Tune Them In and Turn Them On (Grades 1 – 3; can be adapted for 4 /5) Get your classroom's attention with lessons that will turn them on to learning. Magnets are memorable when you swing dance; parts of speech can be done to a slide. Time will move quickly while you learn to tune into your class with these suggestions and turn them on for further learning.

You Don't Need to Be a Scientist to Like Science (Grades 1 – 3) You don't need to be a musician to like music! Being involved in the process gives us pleasure. Science can and should be fun. All children can be successful. Awaken the scientist in your students with these catchy ideas.

Jazz Up Your Language Arts (Grades 1 – 5) When every part of the brain is involved, children comprehend and retain better. Learn rhyming words with the Rhyming Square Dance or parts of speech with the "Parts of Speech Slide". Get great ideas to jazz up your language arts lessons.





Audio / Visual Requirements and Biographical Information

Audio-visual Equipment:

If there are over 50 attendees, a live mic jack is required. Maryann will need access to electricity, a table to work from and a live microphone jack (within reach for access) to plug into. (She will bring her own microphone, cords and mixer.). She would need these for both a workshop and a concert.

Short Biography

Maryann, “Mar.”, Harman, has 30+ years classroom experience from PreK Level through college. Born and raised in NJ, Mar. received her BA in music education and began her teaching career there before moving to FL. She received a Masters Degree in Education (with an emphasis in early childhood) from the University of South Florida where she was an adjunct professor.

Using both these degrees, she writes songs that are educationally and musically sound. She has produced and recorded 40+ albums, several of which have won national awards, including a Parents’ Choice and a John Lennon Song Writing Award. She is the founder of the International Music with Mar. program, a weekly interactive music and movement program in which parents come with their children to learn how to use music to better prepare for school and life in general.

Mar. has done a TEDx talk titled “Building Brains with Music”. She has written songs for Dr. Becky Bailey (I Love You Rituals), School Specialty, GEO Motion Group, Get Ready Kids, Kaplan Learn Every Day Curriculum for Infant/Toddler and is featured on the Discovery Channel website for teachers. She was the host of BAM! Radio Music and Learning Channel. Her music is on Spotify, iTunes, You Tube and, yes, Alexa knows who she is! Her past presentations included speaking for NAEYC, Eric Jensen’s Brain Expo, South Africa Principals’ Assoc, Chapters International (India), Beijing and the Cayman Island ECA. Mar. still actively teaches but loves to travel and sing around the US and internationally.



Musicwithmar.com
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