

Creating Confident Capable Children

(Ready for School; Ready for Life)

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It's Early CHILDhood - FUN is part of the curriculum

Think ~ Not teaching the skill

Putting the tools in place to learn the skill

PROCESS

PRODUCT



So, if you can't teach that day, don't criticize. You
- who you give them - is more important!

Having fun makes it easier to learn!

Helps the brain understand the rhythm of language!

Dance with your children!



BRAIN FACT

I Like to Jump (Music Makes Me Wanna Move)

- *Children need to develop their motor skills.
- *Counting, Spell S P I N,
- *Patterns



BRAIN FACT The ability to follow a melody is related to phonemic awareness. Anvari, Trainor, Woodside, Levy 2002

Mr. Froggy (Bk + 4) Use of any puppet is helpful in getting children to speak out

Mr. Froggy came out one day. Said "Hi Miss Mar. Would you like to play?"

Miss Mar. said "Hi, frog. How do you do? Yes. I'd like to play with you."

If class is small enough, sit in a circle. You hold the frog (or any puppet) first and everyone sings first line to the child to your right. Just that child sings back and everyone says "Yay!". The frog is then passed to that person who turns to the person to their right. The song continues around the circle.

- *Personality is developed by age 8
- *Children need opportunities before 8 to build confidence
- *Letting children be leaders is important
- *Singing out in a safe environment builds confidence
- *Vowel Sounds
- *Release of endorphins - importance of laughter
- *Can use various languages

Show Me How You Move to "M" (Show Me How You Move to the Letters)

- *Use of the letter M and moving to letters that begin with "M"
- *Exposure to Latin music

Time to Drink Water (Mr. Froggy's Fitness Fun)

- *Teaching children to be well functioning involves teaching how to be healthy
Which includes - Exercise, Rest, Hydration and Nutrition
And a little bit of Sunshine!

Mr. Warm Sunshine (Songs I Hadn't Sung Yet)

- *Feel good song
- *Wait your turn
- * Go around offering a sunshiny kiss!



I Know a Smart Woman (Hear Me Sing; Watch Me Dance/School Specialty)

- *Uses tune of "I Know An Old Lady Who Swallowed a Fly"
- * Takes a different twist as the 'smart woman' eats from her food groups.
- *Have a food pyramid up front with the children each receiving a food.
^ When their food is sung, they come up and place it on pyramid.
- *Everyone joins in on "She's a healthy woman!"

Extensions:

- Graphing and Sorting
- Personal preferences
- Multicultural - different families eat different ways

Smart Woman Merengue (Mr. Froggy's Fitness Fun)

- *When you move, you remember better (motor cortex in cerebellum)
- *Each food has an exercise

I'm a Rag Doll

- *More self-regulation
- *Body control
- *Follow directions

Ah! Breath

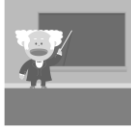
- *Relaxation technique

All styles of music are good.

Each affect differently

Too much of anything not good

Lyrics can be harmful



It becomes boring and ineffective when the same teaching pattern extends for a long period of time. Teachers need to switch things up to keep everyone involved. Different children learn different ways, but all children need to move!

MOVE Move!

Spells word - Move. Listening skills. Body Control

Please Use Words

*Song allows children to listen to situations and hear how other children thought *Made a choice of using words or walking away until they calm down.

*Song can be used to teach about proverbs

If you can't think of something nice to say, you haven't thought hard enough

*Please use words. Talk it out. And, I mean talk. So, please don't shout
When you speak, watch what you say. And if you can't talk it out, just walk away.*



BRAIN FACT

Although test scores of use of music and no music may exhibit equal results, when memory of knowledge is compared later on, the students who learned through music and movement had better retention. (Altenmuller et al 1999).

Basic concept skills put in place through music and use of fingerplays (visual)

Tell Me The Word (Mr. Froggy's Friends' ABCs)

*Basic things in the sky and their function

*Engaging music - positive statements

Five Monkeys Swinging in a Tree (Mr. Froggy's Friends' ABCs)

*Watching negative behavior and modifying your own will yield a different outcome

Wide-mouthed Bullfrog (WMBF /Frog Glove) book by Keith Faulkner

*Children love interacting with story. If you don't have the book, use pictures or puppets.

*Stay in one place or you become a moving target that is hard to follow.

*Children say with you "Hi. I'm a wide-mouthed bullfrog. I eat bugs."

*For mouse, "Eek". High pitch sounds energize the brain.

*For 'hop, hop, hopped', slap thigh 3 times. Vestibular system activated.

*Show the page where he makes his mouth small; help them understand the lesson by saying, "He didn't want to be a wide-mouthed bullfrog anymore."

*Open the last page and have everyone throw up their arms and yell "Splash!"



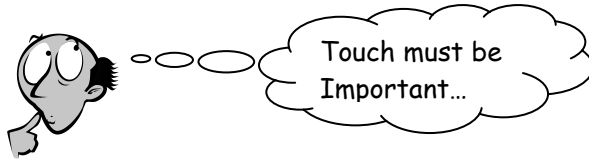
BRAIN FACT

Make that 3 Brain Facts ☺

Touch is 10 times more important than verbal or emotional contact. (Ackerman, 1990).

Humans can survive without seeing, smelling, tasting or hearing but will die from touch deprivation.

(Chapin, 1920). Children who lack play and touch have 20 - 50% smaller brains. (Perry, 1998).



BRAIN FACT

The need for balance, gravity is more compelling than our need for food, touch or even mother-child bond. (Fjordbo, 1995).

Will You Hug Me?

- *Proper touch
- *Positional Word

You Gotta Laugh (Start the Music)

- *Vowel Sounds
- *Release of endorphins - importance of laughter



BRAIN FACT

People who dance once a week decrease their chance of Alzheimer's and dementia by 79%. (Verghese, 2003). Playing a musical instrument decreases it by 69%. (Churchill, 2002).

Boom Boom Beat

- *Teaches self-regulation
- *Body at different levels - high, medium, low



BRAIN FACT

During the first year of life, rhythm is the element of music that has the greatest effect. (Dr. John Ortiz). The human brain is innately responsive to highly rhythmic music and the only mammal that will tap its toe because of automatic tendency.

We're Lining Up

- *Routine for lining up

Going Home

- *Ritual for end of day

Artists Who Give Permission for Classroom Use (as long as credit is given)

List compiled by Maryann "Mar." Harman With help from Childrens' Music Network

When should credit be given:

1. When teacher presents song to students she says who wrote it;
2. If the lyrics are printed anywhere, or song is used in a video, songwriter name is shown and if possible copyright info at bottom;
3. If and when the song is performed in assembly, the name of the songwriter is said, or if there is a program the name is shown; and
4. If song is shared with other teachers, anywhere, songwriter credit should be written or verbally said.

CDB = CD Baby SFT = Songs for Teaching iT = iTunes

Performer's Name	Website	CDB	SFT	iT
Anna E. Kravis	www.annaekravis.com	*	*	
Banana Slug String Band	www.bananaslugstringband.com			
Barry Louis Polisar	www.barrylou.com/currentCDs.html	*	*	*
Battersby Duo	http://www.battersbyduo.com	*	*	*
Beth & Scott and Friends	www.bethandscott.net			
Bill Harley -storyteller	www.billharley.com			
Bonnie	www.bonnielockhart.com			
Dave Kinnoin. the song wizard	www.songwizard.com			
Debbie Clement	www.rainbowswithinreach.com			
Fran McKinney	www.franmckinney.com	*		
Gari Stein*	www.little-folks-music.com			
Jeanie B!	www.JeanieBmusic.com			
Jenny Heitler-Klevans	www.TwoofaKind.com			
Joanie Calem, Sing Along	www.joaniecalem.com	*	^	
Judy Ginsburgh	www.judymusic.com	*	*	*
Judy Pancoast	www.judypancoast.com			
Katherine Dines	www.hunktabunkta.com			
Kathleen Gibson	www.kathleengibson.com			
Kathy Reid-Naiman	www.merriweather.ca			
Kim Wallach	kimwallach@monad.net			
Margie La Bella	www.musictherapytunes.com			
Miss Carole of Macaroni Soup	www.macaronisoup.com			
Miss Dylan Parties by Dylan & Co	www.Partiesbydylan.com			
Monty Harper	www.montyharper.com			
Music with Mar.	www.musicwithmar.com	*	*	*
Nancy Schimmel	www.sisterschoice.com			
Pam Donkin	www.pamdonkin.com	*	*	*
Patricia Shih	www.patriciashih.com			
Sally Rogers	www.sallyrogers.com			
Sammie Hayes	www.sammiehaynes.com	*	*	
Sue Trainor	www.SueTrainor.com			
Sulinha Boucher	www.sulinha.com			
Susan Salidor	www.susansalidor.com			

Barry offers FREE songs (Mp3s), album by album and lyrics <http://www.barrylou.com/lyricLink.html>

Pam Donkin has FREE downloads at her site LIKE Banana Slug FB Page and get free downloads (every so often)

LIST OF RELATED CITATIONS
"Creating Capable, Confident, Competent Children"
Maryann Harman, MA ED

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