

Everybody Has a Song (say good morning) Use for starting your day

Clap your hands! Clap your feet!

Everybody has a song. To say "good morning" so sing along

You may sing high; you may sing low. So clap your hands or clap your feet

'Cause here we go! Good morning. (4 echoes). Now, let's get busy! It's going to be a great day

Hey! Look What I Can Do! (w/the Mighty Mr. Billy) Do each activity. Play air guitar at end

Hey! Look what I can do!

Billy, look what I can do this. I can do this. Can you? Jump. Jump.

Mar., I can do that, too. I can do that just like you. Watch me! Jump. Jump.

Let's jump to a beat together.

Mar., look what I can do. I can do this. Can you? Walk on tip toes.

Billy, I can do that, too. I can do that just like you. Watch me! Walk on tip toes.

Let's softly walk together.

Billy, look what I can do. I can do this. Can you? Tap hands on my thighs.

Mar., I can do that, too. I can do that just like you. Watch me! Tap hands on my thighs.

Let's make a beat together.

Mar., look what I can do. I can do this. Can you? Click (click) my (click) tongue (click)

Billy, I can do that, too. I can do that just like you.

Watch me! Click (click) my (click) tongue (click) Let's click our tongues together.

Hey! Look what he can do. Billy can play guitar, too! Play air guitar with Mr. Billy.

Shake it! Bounce it! Use 3 balls for parachute. Object is to keep things on the parachute.

Hold the parachute. Shake it. Shake it. (2x) Shake the parachute up and down

Let's see what we can bounce around. Let's bounce some balls

Shake the parachute and bounce the balls (2x)

Bounce the balls up and down. But not too high or they'll fall on the ground

Shake it! Bounce it! (2x) How about Mr. Froggy? He's hoppy to join.

Shake the parachute. Make Mr. Froggy bounce (2x) He's bouncing around. He's so hoppy

Stop bouncing on the count of three. 1, 2, 3! Stop! Let's do the balls again!

Shake the parachute and bounce the balls (2x) Bounce the balls up and down.

Shake everything down to the ground. Shake it! Bounce it! Down!

A Rain Dance *Move body to dance directions*

Stomp my feet like thunder. Sway my body like the wind.

Wiggle fingers down like raindrops. And like the clouds spin, spin, spin.

Rain, rain go away. I want to go out and play.

But it's raining out today. Oh, I guess the rain should stay.

I like it when I rain because I get the chance to stay inside. Do the rain dance.

Do movements that match the weather. Alone or with a friend. Do it together.

Stomp my feet like thunder. Sway my body like the wind.

Wiggle fingers down like raindrops. And like the clouds spin, spin, spin.

Rain, rain go away. I want to go out and play.

But it's raining out today. Oh, I guess the rain should stay.

You Have a Boo Boo

You have a boo boo. You look sad. It's right there. I see.

I can kiss it. It will get better. Now, come get a hug from me.

Let's Play Kazoo *Use with kazoos.*

Let's play kazoo; it's a lot of fun. Show me your kazoo and I'll show you how it's done

Blow in a kazoo, nothing happens. (pew) Nothing. Say "ooh" in a kazoo, get a sound. "Ooh"

Blow. (pew) Nothing. Say "Ooh." "Ooh!" Get a sound.

Now, we'll play a game. I'll blow something; you blow the same. (Four sounds play and children echo)

What else can we do on our kazoo? (four more echo sounds) And the traditional ending.

Musical Movement Alphabet *Hold up letters with words*

Let's do something really neat. A fun way to keep the beat.

These words you will not forget if you do a musical alphabet.

A, Arch. Arch your back. B, Bounce. Bounce your body. C, Clap. Clap your hands.

D, Dance. Dance real cool. E, Exercise. Exercise. F, Flap. Flap your arms.

G, Grin. Grin real wide. H, Hop. Hop on one foot

There's different ways to move you see. All of them are so easy.

Just find the letter. Do the move. It's fun to find the groove.

I, Ice skate. Ice skate slowly. J, Jump. Jump up and down. K, Kick. Kick your leg.

L, Lift. Lift your arms. M, March. March. Knees high. N, Nod. Nod your head.

O, Open. Open and shut your hands. P, Point. Point in front

We're doing something really neat. A fun way to keep the beat.
These words you will not forget if you do a musical alphabet.
Q, Quack. Quack like a duck. R, Reach. Reach up high. S, Sway. Sway side to side.
T, Tap. Tap your toe. U, Unwind. Unwind your body. V, Vibrate. Vibrate all over
W, Wiggle. Wiggle your fingers. X, X arms. Make an X with your arms
It's almost over. We're near the end. There are two left my friend.
Y, Yawn. Yawn real wide. Z, Zip. Zip your lip
That's the end there are no more. We've reached the end of this musical score.

Mr. Froggy's Hoppy Birthday Song

It's your birthday with Mr. Froggy. He's going to sing to you. He's so hoppy.
You should celebrate all day long. Sing Mr. Froggy's Hoppy Birthday song.
Ribbit, Ribbit. Croak, Croak. Ribbit, Ribbit. Croak (2x)
Ribbit, Ribbit. Croak. Croak. Sing along. Sing Mr. Froggy's Hoppy Birthday song!

The Sounds of Our Letters *Show letters with pictures*

The sounds of our letters can be lots of fun. We'll move our way through each one.
Oh yeah. Sounds of our letters. Oh yeah. Move our way through the sounds of our letters.
A says "ah". Act like an alligator. B says "b". Bounce like a ball. C says "k". Climb. Then, clap.
D says "d". Do a dance. E says "eh". Exercise. F says "f". Flop forward;
Sounds of our letters. Oh yeah. Move our way through the sounds of our letters
G says "g". Go to the ground; H says "h". Hop up high. I says "ih". Inch like an inchworm.
J says "j". Jump for joy. K says "k". Kindly kiss; L says "l". Lift a leg;
Sounds of our letters. Oh yeah. Move our way through the sounds of our letters
M says "m". March to the music; N says "n". Nod your noggin. O says "aw". Opposite, on, off.
P says "p". Push and pull. Q says "kw". Quack quickly. R says "r". Reach and row;
Sounds of our letters. Oh yeah. Move our way through the sounds of our letters
S says "s". Step and stop; T says "t". Touch your tummy. U says "uh" under the umbrella.
V says "v". Vibrate your voice. W says "wuh". Wiggle your waist; X says "ex". X Your arms
Sounds of our letters. Oh yeah. Move our way through the sounds of our letters
Y says "yuh". You do yoga. Z says "z". Zig zag
The sounds of our letters are lots of fun. We've moved our way through each one.

A Baby in Our House

There's a baby in our house A baby in our house
My mommy's belly grew real big. She left one day and came back with a baby for our house
The baby sleeps most of the day. The baby's just not ready to play.
He shakes his fist and kicks his feet to let us know he wants to eat.
When the baby wakes from his nap my mom lets me hold him in my lap
I love my baby. I'm glad he's here. Maybe we'll get another one next year.

I L-O-V-E Y-O-U

I l-o-v-e, l-o-v-e y-o-u. I l-o-v-e y-o-u. I love you!

The Animal Train

Give out masks for children to wear. Have them make the sound to get on the train. As each animal is called, children make their sound and then get in line behind you for train. Move around room as children follow.

Calling all animals!

Get on board the animal train. I'm your conductor. I'm driving today
Only animals can get on board. Tell me what each animal would say
Here we go! Calling dogs. "Woof. Woof!" If you're barking, get on board.
Calling cats. "Meow." If you're meowing, get on board
Calling roosters. "Er Er Er ooh ohh". If you're crowing, get on board.
I'm your conductor, I'm driving today. Tell me what a pig would say.
Oink. Climb on board. Duck. "quack". Climb on board.
Frog. "Ribbit". Climb on board. Lion. "Roar". Climb on board
Rabbit. Rabbit? You've got nothing to say? Get on board anyway
Here we go! We're gonna go faster!
We're riding the animal train. We're going for a ride today. (2X)
We're going for a ride today. Whoo whoo!!!
We're slowing down now.
We rode the animal train. We had a great ride today.
Whoo Whoo!!

Let's Make a Silly Song *It's important to teach children it's okay to just be silly!*

Let's make a silly song, silly song, silly song. Let's make a silly song and make a silly sound...

And make a silly face... And do a silly dance...

We've made a silly song, silly song, silly song

We've made a silly song. And, now we've reached the end.

Say "Thank You"

Talk about times to say "Thank you"

When someone gives you something, say "Thank you". Thank you. Thank you

If you are told something nice, say "Thank you". Thank you. Thank you

Saying "Thank you" happens every day. It's nice to hear and really good to say

When someone helps you, say "Thank you". Thank you. Thank you

When someone does something for you, say "Thank you". Thank you. Thank you

Saying thank you happens every day. It's nice to hear and really good to say

Thank you for listening to this song. Thank you. Thank you. Thank you

What Do You Hear?

Show the 4 instruments before song. Have them close eyes and guess.

Put on song and have them try to guess what they are hearing.

Sh! What do you hear? This is a drum. This is a triangle. This is a shaker. This is a tone block

Now, close your eyes and listen. Tell me. What did I play?

Repeats twice. Second time with instruments in mixed order.

You closed your eyes. You listened. You told me what I did play. And, you did okay

Everybody Goes to the Beach

Everybody go to the beach today. It's fun to sit in the sand and play

Bring your pail and a shovel, too. Who's going to the beach with you?

I say "I go and he goes and she goes. Yes we go to the beach". Everybody goes to the beach

Put on sunscreen. Ru rub it. Rub it in. Protect your skin (2x)

Wear some shades. The sun is hot. Bring water. You should drink a lot

Take a friend in the water; that's what you do. Who's going to the beach with you?

I say "I go and he goes and she goes. Yes. We go to the beach." Everybody goes to the beach

Having a Ball with Music

Child sits across from adult and ball is rolled back and forth. (This can be done with two sets of parents as on the cover of the CD.) Follow each direction. The word kick is not used so children will think about moving something with their foot and not focused on kicking.

Sit on the floor and roll the ball to me. Roll the ball to me. That's what you do
Have a ball with music. Roll the ball to me and I'll roll it back to you
Roll it to me and I'll roll it to you. (2x) Having a ball with music
Sit on the floor and toss the ball to me. Toss the ball to me. That's what you do.
Have a ball with music. Toss the ball to me and I'll toss back to you.
Toss it me and I'll toss it to you (2x) Having a ball with music
Stand up. Push the ball with your feet to me. Push it with your feet. That's what you do
Have a ball with music. Push the ball w/your feet. I'll push it back to you
Push with your feet. And, I'll push it back to you, Having a ball with music
Sit back down and roll the ball to me. Roll the ball to me. That's what you do
Have a ball with music. Roll the ball to me and I'll roll it back to you
Roll it to me and I'll roll it to you. (2x) Having a ball with music

Everybody Has a Song (Goodbye)

Rituals are important. This same song is used for Good Morning and Goodbye. Before doing the song, practice echoing. You may invite children to say the greetings in different voices.

Clap your hands. Clap your feet.
Everybody has a song to say "goodbye" so sing along
You may sing high; you may sing low. So clap your hands or clap your feet 'cause here we go!
Goodbye. (4 Echoes) Now, let's get going. We had a really great day!

*Although I give some suggestions, mostly ~ have fun! It's all about the process!
Sing-cerely,
Mar.*